



INTERNET SAFETY FOR MIDDLE SCHOOL

Internet Safety for Middle School

This free program focuses on safety topics regarding potential online dangers, social media, online gaming, grooming, sextortion, human trafficking, and how to report abuse. Content presented to students based on an age-appropriate level. Curriculum is in accordance with Senate Bill 9.

45 minutes | Grades 6 - 8

To schedule a session,
please contact
education@cacnorthtexas.org

For more information,
please visit
www.cacnorthtexas.org



Internet Safety

Yamuna Teter, M.S., CFLE
Assistant Director of Education



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Internet Safety

Lorena De Luna
Bilingual Community Educator



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In the United States

1 in 10
children will be
victims of sexual
abuse before
their
18th birthday.



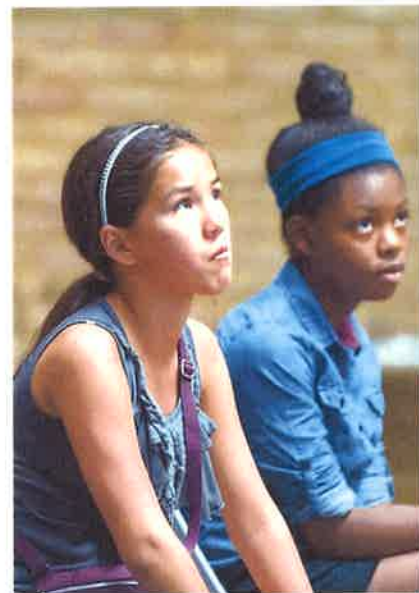
1 in 10
of those kids will
tell that they
have been
abused.

DARKNESS TO LIGHT, (2022). PREVALENCE OF CHILD SEXUAL ABUSE. <https://www.d2l.org/child-sexual-abuse/prevalence/>

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The Concern

Denton County	Wise County	Jack County
200,000 children	17,000 children	2,000 children
20,000 children will be victims of sexual abuse	1,700 children will be victims of sexual abuse	200 children will be victims of sexual abuse
Only 2,000 children will tell	Only 170 children will tell	Only 20 children will tell



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98% of children that reported abuse said it was by someone they knew and trusted.



Children's Advocacy Centers of Texas. (2020). Statistics. <https://www.cactx.org/statistics>

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IT'S OK TO TELL!
If someone hurts you:

Say **NO** like you mean it

GO to a safe place

TELL a trusted adult

Call **1-800-252-5400** for help or **911** for emergencies
For more information: www.txabusehotline.org

Don't ever keep a secret that upsets you! **TA**

NO

GO

TELL

Texas Education Agency. (2022). TEA Student Reporting Posters. <http://tea.texas.gov/texas-schools/health-safety-discipline/child-abuse-prevention/child-abuse-prevention-an-overview>

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Gaming



A collage of gaming-related images including Roblox, Xbox Live, Apex Legends, Forza Horizon, Fortnite, Among Us, Minecraft, and a Nintendo Switch console.

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Online Basics

Set accounts on <u>private</u> .	Limit access to location.	Use appropriate language.
Be careful about what you share.	Know who follows you.	Do not engage in hate speech.
Do not share images without clothing.	Block	Report

NetSmartz. (2018). Online Enticement. <https://www.missingkids.org/netsmartz/topics/onlineenticement>

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What about online grooming?



Online grooming is when someone uses the **internet** to trick, force or pressure a young person into doing something.

Childline. (2022). *ONLINE GROOMING*. <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>

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Perpetrators

troll social media apps for potential victims and join online gaming servers.

Childline. (2022). *ONLINE GROOMING*. <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>

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Perpetrators

ask youth to keep conversations **secret**.

There are secrets that are important to TELL and surprises that are OK to keep.




Heverly, C. H. (2020, February 12). *Keeping youth safe: Surprises versus secrets*. Michigan State University. <https://www.canr.msu.edu/news/keeping-youth-safe-surprises-versus-secrets>

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Perpetrators

will ask youth to meet up **face to face**.



Childline. (2022). *ONLINE GROOMING*. <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>

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There is pressure to send images.

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1 in 5

Girls (aged 13-17) agreed that they have shared their own nudes

1 in 10

Boys (aged 13-17) reported that they have shared their own nudes

40%

Agreed that "it's normal" for people my age to share nudes with each other

21%

Of kids say they have seen someone else's nudes

Self-Generated Child Sexual Abuse Material (SG-CSAM)



Thorn. (2020). Self-Generated Child Sexual Abuse Material: Attitudes and Experiences. *Self-Generated Child Sexual Abuse Material: Attitudes and Experiences.*

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Think before you send.



Report.
Report.
Report.

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Child Sex Trafficking

The exchanging of something of value (*money, clothing, shelter, etc.*) for sex with a child/minor

Victims don't often recognize they're being trafficked.

It can happen to anyone regardless of age, culture, gender, neighborhood, etc.

The average age a child is trafficked is between 11 and 14 years old.

In 2020, boys made up 7% of child sex trafficking victims.

Traffick911. [2022]. *The Problem*. <https://www.traffick911.com/the-problem>

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Challenge:
Think of 5
safe adults
in your life.



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How to Make
a Report

Texas Child Abuse Hotline

1-800-252-5400

txabusehotline.org

911 for emergencies



CyberTipline

CyberTipline.org • 1-800-THE-LOST*

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Thank you!



SEXUAL ASSAULT

WHAT YOU NEED TO KNOW



Developed by Children's Advocacy Center for North Texas
includes curriculum from One Love Foundation
in accordance with Texas Senate Bill 9

Sexual Assault: What You Need to Know


This free program focuses on safety topics regarding consent, grooming, healthy vs. unhealthy relationships, sexual harassment, sex trafficking, legal definitions from the Texas Penal Code, repercussions for sexual assault, and how to report.

45 - 60 minutes | Grades 9 - 12





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FOR NORTH TEXAS


Sexual Assault
What You Need to Know


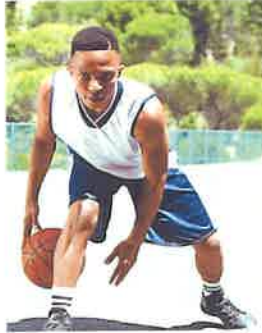
Yamuna Teter, M.S., CFLE
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children's
advocacy center
FOR NORTH TEXAS



Sexual Assault
What You Need to Know

Lorena De Luna
Assistant Community Educator

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Children's Advocacy Center

Place where a child goes when an outcry of the crime of abuse has happened.

Coordinate the investigation and prosecution of severe child abuse cases.

Support families through education, trauma-informed therapy, family advocacy, etc.



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Healthy Relationships

Healthy relationships bring out the **best in you** and make you **feel good about yourself**.

A healthy relationship does not mean a "perfect" relationship, and **no one is healthy 100% of the time**, but the following signs are behaviors you should strive for in all of your relationships.

Healthy relationships manifest themselves as healthy communication, but in order to have a healthy relationship, you need to **love yourself first**.



OneLove. (2022). 10 Signs of a Healthy Relationship. <https://www.joinonelove.org/signs-healthy-relationship/>

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<p>Intensity: When someone expresses very <i>extreme feelings</i> and <i>over-the-top behavior</i> that feels overwhelming.</p> <p>Possessiveness: When someone is <i>jealous</i> to a point where they try to control who you spend time with and what you do.</p> <p>Manipulation: When someone tries to control your decisions, actions or emotions.</p> <p>Isolation: When someone keeps you away from friends, family or other people.</p> <p>Sabotage: When someone purposely ruins your reputation, achievements, or success.</p> <p>Belittling: When someone does and says things to make you feel bad about yourself.</p> <p>Guilt: When someone makes you feel responsible for their actions or makes you feel like it's your job to keep them happy.</p> <p>Volatility: When someone has a really strong, unpredictable reaction that makes you feel scared, confused or intimidated.</p> <p>Deflecting Responsibility: When someone repeatedly makes excuses for their unhealthy behavior.</p> <p>Betrayal: When someone is disloyal or acts in an intentionally dishonest way.</p> <p><small>OneLove. (2022). 10 Signs of an Unhealthy Relationship. https://www.joinone.org/signs-unhealthy-relationship/</small></p>	<h1>10 Signs of Unhealthy Relationships</h1>
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CONSENT
IT'S SIMPLE AS TEA

98% of children that reported abuse said it was by someone they knew and trusted.



Children's Advocacy Centers of Texas. (2020). Statistics. <https://www.cactx.org/statistics>

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Grooming

Targeting a Victim

Gaining Trust and Information

Filling a Need

Isolation

Abuse Begins



Darkness to Light. (2022). GROOMING AND RED FLAG BEHAVIORS. <https://www.d2l.org/child-grooming-signs-behavior-awareness/>

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Child Sexual Assault

(under 17)

Texas Penal Code-
PENAL § 22.011
Sexual Assault

A person commits an offense if:

-regardless of whether the person knows the age of the child at the time of the offense, the person intentionally or knowingly:

- (A) causes the penetration of the anus or sexual organ of a child by any means;
- (B) causes the penetration of the mouth of a child by the sexual organ of the actor;
- (C) causes the sexual organ of a child to contact or penetrate the mouth, anus, or sexual organ of another person, including the actor;
- (D) causes the anus of a child to contact the mouth, anus, or sexual organ of another person, including the actor; or
- (E) causes the mouth of a child to contact the anus or sexual organ of another person, including the actor.

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What is NOT considered Sexual Assault

Breast, vagina, penis, butt touch *over the clothes* is a Class C Misdemeanor, which will likely result in a ticket.

Breast, vagina, penis touch *under the clothes* is a felony.

Repeated offenses can escalate to Class B, Class A or felony.

Punishment, if any, can be probation, Sex Offender diversion programs or as high as jail time.

Judicial Systems:

Offenders age 17 and over are subject to the adult judicial system.

Offenders under the age of 17 are subject to the juvenile justice system.

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Little Elm High School

1. Report sexual harassment/assault/misconduct incident to your House Principal or to the District's Title IX Coordinator.
2. Campus administration will speak with students and gather statements.
3. Campus administration will consult with LEISD Title IX Coordinator (if applicable, law enforcement will be consulted).
4. Supportive measures (appropriate for the situation) will be implemented.
5. Investigation will be completed by campus administrators or Title IX Investigator.
6. When applicable, consequences will be assigned.
7. If unsatisfied with investigation results, contact campus principal or Title IX Coordinator.



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What should victims do/not do when there is an open case?

Avoid posting anything about the incident on social media.

If the suspect reaches out to the victim via social media, **do not delete** that information.

If the communication is on a platform that deletes after a certain amount of time, **take a picture** of the message with a camera or another phone before it is gone.

While the case is being investigated, victims should not talk to other parties or friends about the case (other than parents/caregivers, therapists, etc.)

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The only person responsible for committing sexual assault is a perpetrator, but all of us have the ability to **look out for each other's safety.**

Your Role in Preventing Sexual Assault

- On average, there are over 293,000 victims (age 12 or older) of rape and sexual assault each year in the U.S.
- Bystanders might be present when sexual assault or abuse occurs—or they could witness the circumstances that lead up to these crimes.
- **Practice Active Bystander Intervention** - interrupting a potentially harmful situation, especially when it comes to sexual violence.
 - Create a Distraction
 - Ask Directly
 - Rally Others
 - Extend Support
 - Your Actions Matter!

RAINN. (2022). *Practicing Active Bystander Intervention*. <https://rainn.org/articles/practicing-active-bystander-intervention>

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Create a Distraction

Interrupt incident safely by communicating with individual at risk giving them safe opportunity to escape.

Create conversation with individual at risk.

Cut off the conversation with a diversion like, "Let's get pizza, I'm starving," or "This party is lame. Let's try somewhere else."

Start an activity that draws other people in, like a game, a debate, or a dance party.

Develop a code word or phrase with friends for when you need help.

RAINN. (2022). *Practicing Active Bystander Intervention*. <https://rainn.org/articles/practicing-active-bystander-intervention>

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Extend Support

After experiencing such a situation, the individual at risk may feel panicked and be unsure about what to do next.

You can ask:

"Do you want me to walk with you to your destination?"

"Is there anything I can do to support you?"

"Would you like resources for support and guidance following this incident?"

RAINN. (2022). *Practicing Active Bystander Intervention*.
<https://rainn.org/articles/practicing-active-bystander-intervention>

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Your Actions Matter!

Whether or not you were able to change the outcome, by stepping in you are helping to change the way people think about their role in preventing sexual assault.

If you suspect that someone you know has been sexually assaulted, there are steps you can take to support that person and show you care.

RAINN. (2022). *Practicing Active Bystander Intervention*.
<https://rainn.org/articles/practicing-active-bystander-intervention>

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1

MYTH

Most trafficking victims are kidnapped and held captive.

Bender, R. B. (2022). *Trafficking Truths*. Rebecca Bender Initiative. <https://rebecca-bender.mykajabi.com/trafficking-truths>



Reality is most victims are trafficked by someone they know and trust.

It is more common for traffickers to use psychological means to date, lure, recruit, groom and control victims rather than physically holding.


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2

MYTH

Trafficking requires a sex act.

Bender, R. B. (2022). *Trafficking Truths*. Rebecca Bender Initiative. <https://rebecca-bender.mykajabi.com/trafficking-truths>



Human trafficking is defined as:

a) Sex trafficking in which a commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such act has not attained 18 years of age; or


b) The recruitment, harboring, transportation, provision, or obtaining of a person for labor or services, through the use of force, fraud, or coercion for the purpose of subjection to involuntary servitude, peonage, debt bondage, or slavery. (22 U.S.C. § 7102(9)).

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Online Predator Sting Operation

NBC DFW
31 posts

Denton County sheriff's deputies made 13 arrests in a sting operation designed to catch people looking to have sexual intercourse with a minor, according to the sheriff's office.



NBCDFW.COM
13 Arrested in Denton County Online Solicitation Sting

FEDERAL BUREAU OF INVESTIGATION, (2019, January 30). 13 Arrested in Denton County Online Solicitation Sting. NBCDFW. <https://www.nbcdfw.com/news/local/13-arrested-in-denton-county-online-solicitation-sting/9980/>

NBC DFW
1 post

Detectives announced the arrest of 15 people during a child exploitation operation. The investigation led them to the rescue of a 5-year-old victim. <http://on.nbcdfw.com/DDvCG91>



NBCDFW.COM
15 Arrested in Child Exploitation Operation; 1 Child Rescued


10 arrested in Denton County online sexual predator operation

Digital News Desk

2 months ago




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How to Make
a Report

Texas Child Abuse Hotline

1-800-252-5400

txabusehotline.org

911 for emergencies



NATIONAL CENTER FOR
MISSING &
EXPLOITED
CHILDREN

CyberTipline

CyberTipline.org • 1-800-THE-LOST*

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